

# Zburn<sup>®</sup>

For anyone who wants to lose body fat and feel more energetic, Zburn is essential.

This proprietary formula is a true fat metabolizer formulated to help your body break down and burn fat stores in the body by converting them into energy. Zburn combines patented, chelated chromium with advanced proprietary blends that are designed to maximize all aspects of metabolism and optimize your body's ability to burn fat. If you want to trim down and feel more energetic by naturally utilizing your body's own fat sources, Zburn is your best supplement choice.

### Zburn Nutrient Blend

Zburn includes a blend of B vitamins and vitamin C that are critical to the body's ability to burn fat and provide energy. These specific B vitamins are essential co-factors for the body's energy-producing pathways. Without them, the body cannot effectively utilize fat for energy. New research shows that people with low vitamin C levels burn less fat at rest and during exercise than those with higher levels of vitamin C, so our research team has included potent levels of natural vitamin C to maximize your body's ability to burn fat.

### Zburn Botanical Fat-Burning Blend

Guarana, red pepper, and green tea are all natural ingredients with a history of use promoting energy and vitality. Modern clinical studies have now demonstrated that they not only improve energy and provide potent antioxidants, but they possess the unique ability to enhance metabolism and help your body burn fat and lose weight. In fact, studies clearly show that the combination of red pepper and standardized green tea is more effective than diet alone in reducing body fat. Zburn uses only the best sources of guarana, red pepper, and green tea, insisting that these synergistic ingredients are standardized to their active components to provide maximum potency and benefits.



#### Suggested Usage:

Take 1 capsule on an empty stomach mid-morning and mid-afternoon. For optimal results take before exercise.

#### Storage:

Store in a cool, dry place.

**Advanced**  
Fat Burning Formula

### Zburn Enzyme Support Blend

Our research team combined these natural botanicals with a unique enzyme support blend that includes the highest quality grade of lipase – the specific enzyme that burns fat – ensuring your body is able to break down and burn fat stores during exercise and throughout the day. In addition to lipase, the Zburn Enzyme Support Blend includes patented forms of chromium and calcium. Chromium and calcium have been shown to be essential nutrients in supporting healthy blood sugar levels and reducing body fat, and are also key co-factors in supporting the body's metabolic enzymes.

The exceptional combination of ingredients in Zonital's Zburn help increase energy, metabolism, and maximize the ability to burn fat and build lean muscle while exercising.



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**Key Benefits:**

- Advanced formulation includes synergistic ingredients to maximize all three major steps to burning fat for energy in the body.
- Increases energy by making fat available for use in your body.
- Includes a patented chromium source proven to support healthy insulin function and balance sugar levels.
- Increases the body's ability to make lean muscle and burn fat while exercising.
- Enhances metabolism.
- Includes the highest-grade of lipase available to help the body breakdown and use fat for energy.
- Proprietary blend of botanicals supports metabolism and energy production.
- Patented chromium source is the same as the active form of chromium in the body, making it completely safe and optimally beneficial.
- All natural, highest quality ingredients, including standardized green tea and red pepper.
- Gluten free, lactose free, and completely vegetarian.
- Contains no dairy, wheat, soy, MSG, artificial colors, flavors or chemical preservatives, additives or fillers.

**Special Considerations/Allergen Information**

**Allergens:**

Contains no major allergens. See Supplement Facts for a complete list of ingredients.

**Drug/Nutrient Interactions:**

- Chromium may reduce the need for glucose-lowering medications. Consult with your health practitioner and/or pharmacist if you are using any medications.
- Green tea should not be taken with MAOIs used to treat depression. Some cases of green tea causing a severe increase in blood pressure have been reported in individuals using MAOIs. Examples of MAOIs include phenelzine and tranylcypromine.
- Do not take green tea or guarana in combination with stimulant-containing medications, herbs or drugs such as amphetamines, cocaine, ephedrine, over-the-counter cold medications (i.e. pseudo-ephedrine), or ma huang. Taking green tea, guarana, or caffeine in combination with other stimulant-containing medications, herbs or drugs can cause serious problems including increased heart rate or increased blood pressure.

**Special Considerations/Contraindications:**

- Although no caffeine has been added to the product, guarana and green tea are natural sources of caffeine. Those sensitive to caffeine should use this product with caution.
- This product is not recommended for individuals with high blood pressure.
- Not recommended for individuals who are pregnant or nursing.

**Supplement Facts**

Serving Size 1 Capsule  
Servings Per Container 60

Amount Per Serving		% DV
Vitamin C (as ascorbic acid & acerola cherry)	125 mg	208%
Thiamin (as thiamin mononitrate)	0.5 mg	33%
Niacin	5 mg	25%
Vitamin B6 (as pyridoxine HCL)	4 mg	200%
Pantothenic Acid (as dicalcium pantothenate)	20 mg	200%
Calcium (as dicalcium malate*)	50 mg	5%
Magnesium (as magnesium lysyl glycinate chelate*)	5 mg	1%
Chromium (chromium nicotinate glycinate chelate*)	100 mcg	83%
Proprietary Blend	150 mg	†
Guarana (seed), Red Pepper Extract (fruit, 0.25% capsaicin), Green Tea Extract ( <i>camellia sinensis</i> , leaf, 50% EGCG), Lipase (750 LU).		

† Daily Value (DV) not established.

Other Ingredients: Vegetable Capsule (cellulose, chlorophyll), Rice Powder, Magnesium Stearate, Silicon Dioxide.

\*Minerals supplied by Albion International, Inc. © 2010 Zonital International



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