



# Zburn

lose body fat and feel more energized\*

## Zburn Does More In 2 Weeks Than Other Diets Do In 2 Months!

### An overview of our pilot study.

An open-label pilot study was conducted to test the effectiveness of Zonital's Zburn. A group of 11 overweight people ages 18 to 60 volunteered to participate in the study. Measurements were taken for neck, upper arm, chest, waist, hip, and thigh at the beginning of the study and at 14 days. Height and weight were also measured. Subjects were encouraged to continue exercising during the study and made no changes to their diet or food intake.

### Results

14-Day Average Losses Using Zburn	
Measurement	Average Inches Lost
Neck	0.9
Arm	1.5
Chest	1.5
Waist	2.5
Buttocks	3.7
Hips	0.3
Thighs	2.1

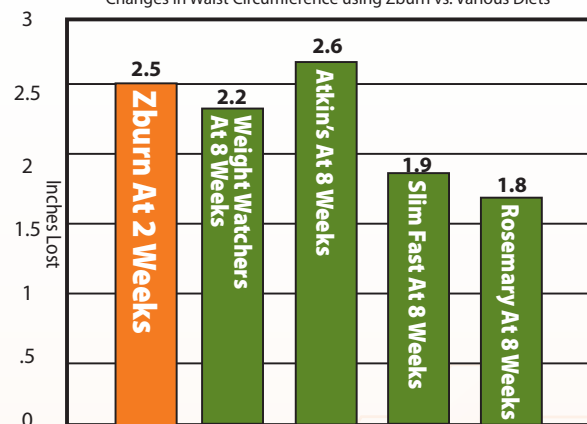
The FDA considers "healthy weight loss" to be a loss of 1 to 2 pounds per week. Zburn produced healthy weight loss results for participants, and generated significant fat loss as measured by reduced body circumference measurements. Study participants experienced total reduced body circumference measurements ranging from 9.25 inches lost to 19.75 inches lost. Fifty percent (50%) of participants lost 2 pounds or more during the 14 day study, and 100% of participants lost 9 or more total inches - indicating that all participants lost body fat.

Participants lost a total of 12.4 inches on average from all body sites. Participants lost an average of 2.5 inches from the waist, 3.7 inches from the buttocks, and 2.1 inches from the thighs in just two weeks.

### Summary

Zburn's advanced formula is designed to enhance the body's ability to utilize fat for energy during exercise. This small pilot study strongly supports the effectiveness of Zburn in promoting fat-burning and weight loss. Weight loss for participants was within the healthy range for a weight loss program. The number of inches lost by participants was significantly greater than a typical weight loss program. According to a 2006 study published in the British Medical Journal, the average change in waist measurements for four popular diets (weight watchers, Atkins Diet, SlimFast and Rosemary Conley) is just 2.1 inches after eight weeks. Zburn was able to create a greater average loss of inches in the waist in just two weeks.

**Zburn Does More In 2 Weeks What Other Diets Do In 8 Weeks**  
Changes in Waist Circumference using Zburn vs. Various Diets



Based on the results of this small pilot study, Zburn appears to be significantly more effective than popular diets in reducing body circumference, and is equally effective in reducing weight, when no other changes are made to diet. When combined with a reduced calorie diet and exercise, Zburn can be a highly effective tool in enhancing fat loss and promoting energy.



[www.Zonital.com](http://www.Zonital.com)

Results may not be typical of all Zonital product users. Your results may vary.